Ashton Community Science College

'a school to be proud of'

Headteacher: **Miss S Asquith** *BA Hons, MA, NPQH*

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Date: 10th July 2018

Dear Parent/Carer

As you may be aware, this year we have been piloting a programme in partnership with the Youth Sport Trust which aims to utilise participation in physical activity to improve social and mental well-being of young people. For our final event of the year, we will be holding a whole school sports day on the school field on **Monday 16th July**. This is a whole school, fully inclusive event in the bid to encourage every pupil can be involved and hopefully inspire many of our pupils to lead a healthier active lifestyle.

The majority of the event will be predominantly held outside for the whole day and the weather forecast predicting much more of the warm weather we have experienced recently, we strongly recommend the following:

- Pupils to arrive to school in their **FULL** PE kit (there will be no time to change in the morning)
- Pupils to bring a **reusable** water bottle to stay hydrated throughout the day
- High factor sun cream to be applied in between events as shade on the field is sparse
- A hat to wear throughout the day for added sun protection

In order to ensure all the events run within the school day, it has been agreed that dinnertime on the day will be slightly shorter and the school catering staff will be offering a selection of grab-and-go options should your child still wish to purchase their dinner from the canteen.

May I take this opportunity to thank you in advance for your support in this event and should you have any questions about the day, please do not hesitate to contact me at school.

Yours sincerely

Mr Waring (PE Teacher)